

Fast Start Clinic with Coaches

Nov. 22

The journey begins November 22nd! We'll start with an individual boot alignment clinic at 'Custom Boot Service'. We'll also spend time discussing your season goals. This will be a fun & valuable evening in Ballard.

Foundation Building (December Training)

5 sessions of training beginning in December 2011 with alignment tuning, class room seminars, GS technique and tactical training along with coaching provided at the first race. The foundation is built here for your transformation.

5 Sessions - \$205

- Sunday Dec. 4, 2011
- Sunday Dec. 11, 2011
- Sunday Dec. 18, 2011
- Saturday Jan. 7, 2012
- Last Day - Sunday Jan. 8, 2012

Master the Change (Winter Training)

5 sessions of training beginning in January-February 2012 that focus on GS technique and tactical. This is where you make the transformation happen with guided sessions that will change the way you ski and race.

Sundays - 5 Sessions - \$205

- Sunday Jan. 22, 2012
- Sunday Jan. 29, 2012
- Sunday Feb. 5, 2012
- Sunday Feb. 19, 2012
- Last Day – Sunday Feb. 26, 2012

Masters Adult Training

The objective is to **Enjoy the Journey**, build fundamental skills, movements and race course tactics.

Our Coaches maintain PSIA level II / III and/or USSA 200 Level certifications. They will develop a personal plan for each athlete and use this as a reference for individual improvement. Practice courses and video analyses are employed in a safe, and supportive environment.

Head Coach Gary Wilke **425-308-7837**
Coach Doug Wilke **425-337-1710**

Central Alpine Club House

We welcome Club Members to use our building at the base of the Triple 60 chair. We are a short walk from the Central Lodge.

Discount Seasons Pass & Equipment

As a Club Member (enrolled) your season pass online purchasing instructions will be e-mailed to you (ski school rates). You will also have the benefit of industry professional advice and discounts as well as access to race ski demos and re-sales. Gary Wilke is a Fischer Representative and Race Coach who will assist with boot and ski equipment selection as well as accessories necessary to assure a great experience.

All equipment used while participating is used at your own risk and it's maintenance and adjustments are your responsibility. Only qualified ski repair professionals should adjust bindings. All ski boots and bindings, new or used, should be marked with a "DIN" number to verify meeting industry standards.



Something for Everyone

Our customers are advanced intermediate adults, club racers, ski instructors and accomplished master skiers seeking that next step in their skiing career. Team members are invited to all practice sessions.

SKI RACING made **FUN** and **EASY!**

Visit us at

www.ullr.com/cartmasters.htm

Our goal is the success of our students.



Ullr, Inc. operates as a concessionaire under U S Forest Service Permits issued to Ski Lifts Inc. partially operating within the Mt. Baker, Snoqualmie, and Wenatchee National Forests. This program provides employment, services, and privileges regardless of race, color, creed, sex, religion, age or national origin. Partners in winter recreation.

Central Alpine Race Team

Masters Training



2011-2012

Summit Central, WA



Offered by Ullr, Inc.

53 Years of Quality Service

ASSUMPTION of RISK & LIABILITY RELEASE

•I am aware that skiing and snowboarding are hazardous sports that include certain risks and dangers including the risk of serious injury or death. I voluntarily accept full responsibility for all risks involved including risks inherent in skiing or snowboarding and in the Ski Area/Mountain environment.

•I accept my responsibility to learn and to abide by the "Skiers Responsibility Code" and Ski Area behavior notices.

•I agree that I will not sue or make a claim against Ullr Inc., Boyne USA Inc., or any of its owners, officers, agents, or subsidiaries, including but not limited to, Ski Lifts Inc., Crystal Mountain, Inc., and the U.S. Government or any of (their/its) employees, agents, contractors, subsidiaries, officers ("Released Parties") for any loss, injury or damage resulting from any cause including negligence, which arises out of my participation in any activity at the ski area, including but not limited to, use of the slopes, equipment, or any of the facilities or service on the premises.

•I further agree to RELEASE, HOLD HARMLESS, and INDEMNIFY Ullr Inc., Boyne USA Inc., or any of its owners, officers, agents, or subsidiaries, including but not limited to, Ski Lifts, Inc., Crystal Mountain, Inc., and the U.S. Government or any of (their/its) employees, agents, contractors, subsidiaries, officers ("Released Parties") for any loss, injury or damage resulting from any cause including negligence, which arises out of my participation as described above. This RELEASE is also binding as to any other person, including all family members, heirs, and executors.

•If I am signing on behalf of a minor: I accept full responsibility for all medical expenses and claims related to the minor's participation in any activity as described above. I agree to RELEASE, HOLD HARMLESS AND INDEMNIFY the Released Parties from all claims brought by or on behalf of the minor.

•I grant permission to Ullr, Inc. and its agents or employees to use any images taken of me during the School day for use in any printed or electronic publications and hereby waive any right to royalties or other compensation arising from or related to the use of the images.

REGISTERED STUDENT SIGNATURE _____ DATE _____ AGE (IF UNDER 18) _____

PARENT/LEGAL GUARDIAN SIGNATURE _____ DATE _____
(REQUIRED IF STUDENT IS UNDER 18)

CART Masters Application Form

Name _____ Age ____ M - F

Address _____

City _____ WA _____

Phone(H) _____ (W) _____

Email _____

CART Masters Program Options (check one or both!)

Foundation Building - \$205

Master the Change - \$205

Mail Registration to:

ULLR INC.
2901 266th Ave S E
Sammamish, WA 98075

-Or -

Register online at

www.ullr.com/Members/cartmastersreg.asp

Make checks payable to "Ullr, Inc." or use card below:

Visa/MC # _____
verification code on back of card

Name on Card _____ Exp. _____

AMOUNT _____ DATE _____

This application will be supplemented by additional follow up program and racing related information (equipment, lift tickets, child safety, and Ullr policies).